

## Recreation Program Update

Updated on March 9, 2021

### Reopened Recreation Programs:

The following outdoor aquatics programs are open and will continue throughout the spring and summer. The following programs require preregistration. Registration links can be found on our website at <http://www.southgaterecandpark.net/>.

- Aqua Spin
- Water Aerobics
- Lap Swim

The following program will be open March 15 – 19, 2021 and is allowed as an essential service. Preregistration is required. Registration can be found on our website at <http://www.southgaterecandpark.net/>.

- Spring Break Camp

The District plans to hold the following programs indoors with hygiene and social distancing guidelines starting April 1, 2021. If class sizes exceed indoor guidelines, they will be moved outdoors to accommodate. Zoom classes will continue to be offered along with in-person programming. The following programs require preregistration. Registration links can be found on our website at <http://www.southgaterecandpark.net/>.

- Cerezo's Martial Arts Classes
- International Karate Federation Classes
- Kids Kicks
- Hip Hop for Kids
- Me & My Shadow
- Ballet & Tap
- First Steps in Dance
- Enhance Fitness
- Hatha Yoga
- Zumba
- Itty Bitty Sports
- Sit 'n Fit
- Underwater Egg Hunt
- Pictures in the Park
- E-Waste Recycling Event

We hope to offer even more programs in the coming months, as regulations permit. Please check our website for the most current program information and registration.

### Postponed or Cancelled Programs:

*Call (916) 526-0234 for more information regarding recreation programs. Classes offered may be limited due to Sacramento County Public Health orders for COVID-19.*

Pat O'Brien Community Center business hours vary. Please call (916) 526-0234 for more information. Fruitridge Community Center, Pat O'Brien Community Center, Rizal Community Center, and other centers are closed to the public. The following facility rentals and District programs will be suspended/postponed until the gathering guidance changes:

- Fun Factory Programs
- Escape Room
- Wii Like to Play
- Jazzercise
- How to Meditate
- Adult Sports and most Drop-In Programs
- Walk With Ease
- Fruitridge Community Center Senior Programs
  - Sunshine Club
  - Over 50 Club
  - Bridge and Pinochle Card Groups
  - Sewing Club
  - Meals on Wheels Senior Lunch Program
- Never Too Late Aerobics
- AARP Programs

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